Peer Support Volunteer

Description: Pride offers peer support and active listening from trained support volunteers on a confidential basis. These are not counsellors, but rather folks who offer supportive listening and who can share their experience and resources they have found helpful, as well as refer to other services when appropriate. Peer support volunteers will provide peer support in the UVic Pride Office.

Duties:
- Attend peer support shifts and/or appointments in a timely manner
- Attend all required training
- Support people seeking peer support to the best of your abilities while being mindful of your boundaries and the scope of this position
- Keep a thorough knowledge of other services on campus and in the community for appropriate referrals
- Understand and practice confidentiality

Expected time commitment:
Approximately two hours per week, each week Pride is in full session. Two semesters is suggested, but one semester can also be done. It is also possible to have a support shift every other week, if that is preferred for a volunteer. We will work around your schedule and availability.

Training Provided:
- Orientation to UVic Pride and Safer Spaces
- AOP Training
- Some Anti-Violence Project Training (including active listening, non-violent communication, and consent, among others)

Accountability and Guidance:
The Office Coordinator, or other designated Collective Coordinator, is the first point of contact for the Peer Support Volunteers, for guidance and access to any additional training if necessary. The Office Coordinator will check in with the Peer Support Volunteer regularly to ensure that everything is going well, and to clarify any issues and questions.

Remuneration: This is an unpaid volunteer position. Volunteers will have access to training and professional development from UVic Pride and/or the Anti-Violence Project. Volunteer appreciation events will be held at least once per semester. Food will be supplied for all volunteers to meet and greet with each other and form connections.